ENTERING CHEYENNE — ARAPAHO NATION

Cheyenne & Arapaho TRIBAL TRIBUNE

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Children at Rose Witcher Elementary receive a life size surprise

By Rosemary Stephens, Editor-in-Chief

Photos by Rosemary Stephens

Hannah Sheridan, U.S. Navy, surprises her niece Haiden Sheridan and Allen Sheridan at Rose Witcher Elementary on Dec. 18, 2012.

Christmas is a time for surprises and gifts.

For the children of the Sheridan family, they received both when their aunt Hannah Sheridan, U.S. Navy, made a surprise visit home for the Holidays.

Hannah, hidden in a life size Christmas box, wrapped with brightly colored paper and tied with big yellow and white ribbons, was led into the school assembly at Rose Witcher Elementary school on Dec. 18, 2012. Waiting, unsuspecting, in the group of children were her niece Haiden and her nephew Allen.

"Right now I am stationed at the Naval Airbase in Key West, but I have spent two years over in Japan and it's been a year since I have seen any of my nieces or nephews. I get to be home for 10 days then I will have to go back," Hannah said.

Hannah has been serving in the U.S. Navy for almost five years. She graduated El Reno High School in 2007 and joined the Navy in 2008.

"After completing boot camp I was assigned, to what would be my home station, in Sasebo Japan. I was stationed on the USS Tortuga LSD46 and I was able to see sights that I would have never even been able to fathom before I joined the Navy. I have been able to travel all over including Japan, Thailand, Philippines, Indonesia, Malaysia, Brunei, Cambodia, Australia, Singapore, and Korea," Hannah was quoted as saying in a story written about her in November 2011.

Sheridan completed her deployment in Japan in December 2010. In January 2011 she attended Lackland Air Force Base for two months of training for the Naval Security Forces.

"Through this I went for the rate, Master at Arms (MA). After completing this training I was given orders to report to the Naval Air Station in Key West, Florida ... where I am currently stationed with the rank of MA3 (SW)," Hannah said. "I am extremely pleased with my decision

*See **Christmas surprise**, page 8*

Cheyenne and Arapaho Tribal Tribune
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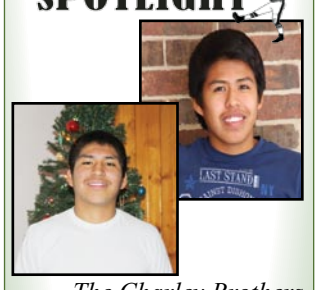

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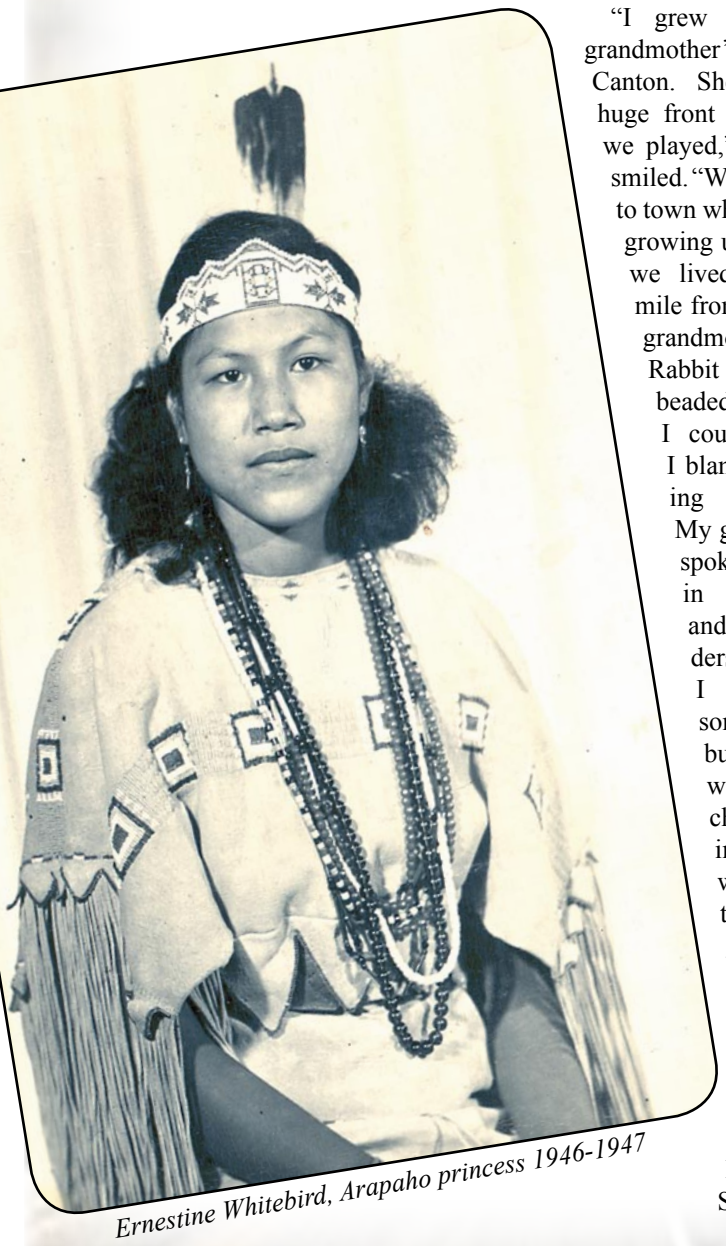
Life's Journeys
Simple woman, simple life

By Rebecka Lyman, Reporter/Ad Sales

She quietly sits in her rocking recliner pondering on memories of earlier times in her life.



Ernestine Whitebird, Arapaho princess 1946-1947

Ernestine Whitebird, Arapaho was born 1933 in Canton, Okla. at her grandmother's house.

"I grew up at my grandmother's house in Canton. She had this huge front yard where we played," Whitebird smiled. "We never went to town when we were growing up, although we lived only one mile from town. My grandmother, Suzi Rabbit Mixedhair beaded a lot, but I couldn't learn. I blame it on being left-handed. My grandmother spoke Arapaho in the home and I could understand her. I still know some words, but when I went to Concho Boarding School we couldn't talk our language or we would be punished."

Whitebird began going to Concho Boarding School at the age of six.

"My first experience I remember at Concho was when they cut my hair. I had two long braids, they sat me down in a chair and cut them both off, they did not even let my hair down, just cut my braids completely off," Whitebird said.

Whitebird said her father, Thomas Simpson died when she was a young girl before being sent to the boarding school.

"My dad got sick and died when we were all very small, there was my older sister, me and my two younger brothers living with my grandmother along with her kids and other family. My youngest brother died when he was about a year and half," Whitebird softly said. "I remember when it would storm, it always seemed like it was in the middle of the night, my grandmother would get us all up and make us go down into the cellar. Oh I was so afraid when we would go down into the cellar. My father would be sick in the bed and he would not go with us, he would stay in bed."

It was after her father's death that Whitebird was sent to Concho Indian Boarding School.

"I am very grateful I attended Concho, I learned a lot. We were given clothes and shoes, fed three times a day. The teachers taught us how to be self sufficient by giving us responsibilities, making our beds everyday, helping in the kitchen, before we sat down to eat we all

said a prayer," Whitebird said. "I was taught arithmetic, reading and writing."

Whitebird said as she grew up during the summer months she remembers going to powwows and dances with her grandmother.

"My grandmother gave me my buckskin dress and taught me my dance. We went as a group, my grandma's sister would go with us, she was married to Arapaho Chief David Meat, his sons and daughters and my other uncles and aunts traveled as a group," Whitebird said. "David was also the Arapaho director at the Anadarko Expo back then, I remember when he asked me to be princess. It was in 1947, I was about 14 years old. I was princess for about one or two

*See **Simple woman**, page 8*

Photo by Rebecka Lyman

Tommie Doyebi,advocate for Rolling Thunder and Quembe Walkingstick, daughter for Ft. Reno Chapter DAR walk through the Concho Cemetery in Concho, Okla. laying evergreen wreaths with red ribbons on headstones of deceased Cheyenne and Arapaho war veterans.

Christmas tradition, laying wreaths for veterans

By Rebecka Lyman, Reporter

On Dec. 19, 2012 the Ft. Reno Chapter Daughters of the American Revolution (DAR) deliver wreaths to honor Cheyenne and Arapaho fallen war veterans.

"This act of humanity, honor and respect continues as we are all here to remember our loved ones," Frank Sheridan said in his opening remarks.

The wreath ceremony is a symbol of the holiday season and people of all ages came out for the ceremony to honor deceased veterans by placing wreaths adorned with a red bow at each headstone.

"Each headstone represents a story, a family, a tradition of service and selfless sacrifice," Tommie Doyebi, an advocate with the Rolling Thunder group said. "We must never forget our warriors and the sacrifices they made."

As the American flag and the Cheyenne and Arapaho tribal flag were presented, the National Anthem was sung as former servicemen and women, families and friends stood at attention and saluted.

The wreath-laying ceremony is held each December at the Concho Cemetery in Concho, Okla.

New Cheyenne and Arapaho youth council officers elected

The 23rd annual Oklahoma Indian Nation powwow Aug. 3-5

Jessepe leads with positive attitude, both on and off the court

Musically gifted

Woman searches for birth parents, history

CATV 47 launches June 20

Custer County judge delivers decision on tribes' frozen bank account

A YEAR IN REVIEW 2012

Native American language students take honors at fair

Seeking help evolves into tragic death

Keeping Cheyenne language alive

Tribes break ground for new head start school building

The ride home

Claims Must Be Filed By March 1, 2013

In $3.4 Billion Indian Trust Settlement

What is This About?

The *Cobell v. Salazar* Settlement is approved. The Settlement resolves a class action lawsuit that claims that the federal government violated its duties by mismanaging trust accounts and individual Indian trust lands. Payments to the Historical Accounting Class are underway. The process of considering claims for the Trust Administration Class is ongoing.

The final deadline if you need to file a claim form for the Trust Administration Class is March 1, 2013.

Am I Included?

The Trust Administration Class includes:

- Anyone alive on September 30, 2009, who:
  - Had an IIM account recorded in currently available electronic data in federal government systems anytime from approximately 1985 to September 30, 2009, or
  - Can demonstrate ownership in trust land or land in restricted status as of September 30, 2009.
- The estate (or heirs) of any deceased landowner or IIM account holder whose account was open or whose trust assets had been in probate according to the federal government's records as of September 30, 2009.

Do I Need to File a Claim Form?

You must file a claim form if you believe you are a member of the Trust Administration Class and you have not:

- Received IIM account statements at your current address anytime between January 1, 1985 and September 30, 2009 and continue to receive statements; or
- Received a payment as a member of the Historical Accounting Class. If you did, you will receive a second payment automatically as a member of the Trust Administration Class; or
- Filed a claim form already using your current address. If you have, the Claims Administrator will contact you.

You must fill out a claim form and mail it to Indian Trust Settlement, P.O. Box 9577, Dublin, OH 43017-4877, postmarked by **March 1, 2013** in order to receive a payment.

How Much Money Can I Get?

Members of the Trust Administration Class will likely receive at least $800 or more. The actual amount will depend on the number of claims and the costs of administration.

For a claim form or to update your contact information:

Call Toll-Free: 1-800-961-6109 or Visit: www.IndianTrust.com

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In Memoriam 2012

Name:	Date of Birth	Date of Death
Mary Ann Addison	July 1, 1935	Aug. 23, 2012
Arthur Lynn Almanzar	Sept, 10, 1985	July 31, 2012
Lorraine Lee Armstrong	Oct. 1, 1933	Jan. 15, 2012
Chazarae Pete Bearshield	Oct. 18, 1988	Oct. 23, 2012
Tracy Berryhill	Feb. 18, 1986	Dec. 21, 2012
Fred R. Birdshead	March 6, 1941	May 3, 2012
Lester Black Bear	May 28, 1956	Jan. 11, 2012
Mary King Boynton Bringinggood	March 12, 1934	Dec. 17, 2012
Burl Kenneth Buffalomeat	Dec. 4, 1976	Jan. 30, 2012
Donna Marie Bullcoming	June 16, 1982	March 7, 2012
Sharon Miranda Burgess	May 17, 1952	March 10, 2012
Jay Mitchell Burgett	Aug. 12, 1949	Oct. 25, 2012
Caleb Jeremiah Canaday	May 26, 1989	Aug. 19, 2012
Aaaron Michael Carreon	July 1, 1993	Aug. 29, 2012
Claudia Lee Chandler	July 21, 1933	May 10, 2012
Mary Belle Contreras	July 27, 1960	Nov. 9, 2012
Laura Ann Curtis	July 18, 1950	Oct. 20, 2012
Clara Ellen Dyer	Oct. 11, 1960	Dec. 21, 2012
Charlotte Fair	Oct. 3, 1918	June 12, 2012
Malcolm Fanman	April 20, 1961	Nov. 15, 2012
Ernestine R. Finley	May 18, 1960	Sept. 11, 2012
Ryan Dexter Foster	Jan. 19, 1973	Sept. 5, 2012
Alfred Wilson Franklin Sr.	Nov. 11, 1935	July 23, 2012
Donald Francis Garms Sr.	Sept. 24, 1926	Jan. 31, 2012
Doretha Harrison	Jan. 2, 1941	March 28, 2012
Jonathan Mark Harvie	May 1, 1972	April 18, 2012
Tennyson Andrew Haury	March 2, 1932	April 7, 2012
John Henry Hawk Jr.	Dec. 13, 1958	June 24, 2012
Fannie Nellie Hawk	April 11, 1916	Jan. 4, 2012
Jesilyn Hawk	June 16, 2012	June 16, 2012
Lorenzo Henry	Jan. 3, 1964	Aug. 24, 2012
Maurice A. Hickey Jr.	Sept. 20, 1932	Jan. 14, 2012
Gilberta Hill	Feb. 24, 1957	June 20, 2012
Archie Doyle Hoffman Sr.	Feb. 2, 1937	July 25, 2012
Jack Henry Houston	May 7, 1927	May 7, 2012
Keene Dewayne James	Jan. 3, 1991	June 16, 2012
Carl Bryce Keith	April 4, 1980	Jan. 20, 2012
Raymond Herbert Kent	Aug. 22, 1967	Jan. 20, 2012
Wanda Leathers	June 30, 1934	Jan. 26, 2012
Sonny Jordan Limpy	July 12, 1986	June 13, 2012
Byron Little Coyote	Dec. 31, 1956	Aug. 13, 2012
Charles Little Coyote	Oct. 26, 1926	Feb. 9, 2012
Robert Bruce Lonebear Sr.	March 12, 1956	Jan 7, 2012
Marshall Lumpmouth	Feb. 11, 1935	Dec. 6, 2012
George Arthur Magpie Jr.	March 2, 1960	July 17, 2012
Paul L. McKeegan	March 29, 1934	April 12, 2012
Wilma Marie Meeks	March 13, 1950	Oct. 21, 2012
Edwina Mae Milligan	Oct. 31, 1941	Feb. 16, 2012
Cora Lee Nation	May 7, 1938	Feb. 9, 2012
Delores M. Newby	Oct. 7, 1926	July 2, 2012
Timothy Gordon Nibs Sr.	May 22, 1936	Dec. 10, 2012
Samuel Noline	Oct. 14, 1961	June 24, 2012
Bill Edward Norman	June 17, 1930	Feb. 22, 2012
Clara Old Crow	June 2, 1923	April 23, 2012
Joseph Osage	July 29, 1939	April 29, 2012
Alta Marie Pawnee	April 18, 1942	May 29, 2012
Mary Lou Pedro	Oct. 14, 1968	July 28, 2012
Eugene Charles Pollock	Dec. 9, 1957	Oct. 29, 2012
James Ramirez	June 10, 1949	Jan. 7, 2012
Christopher Wayne Red Hat	Aug. 28, 1984	Sept 9, 2012
Martha Louise Red Nose	Nov. 19, 1959	March 15, 2012
Alda Reed	Feb. 7, 1934	Jan. 30, 2012
Damon Lee Richey	June 24, 1990	Jan. 30, 2012
Jane Roman Nose	Oct. 24, 1959	Aug. 24, 2012
Anna Louise Scott	July 25, 1950	Feb. 3, 2012
Richard Edward Smith	May 11, 1950	May 15, 2012
Tony Delang Smoker	Aug. 28, 1974	April 7, 2012
Gloria Marie Spotted Corn	Feb. 24, 1983	Nov. 19, 2012
Bruce Wayne Spotted Crow	Jan. 16, 1961	Dec. 9, 2012
Roy Spencer Starr	May 12, 1938	March 21, 2012
Talon Amos Stone	April 5, 2012	June 16, 2012
John David Stoneroad	Feb. 3, 1967	Oct. 9, 2012
Deforest E. Tallbear Sr.	Aug. 17, 1952	Jan. 19, 2012
Ruby A. Tiger	Feb. 15, 1937	Feb. 29, 2012
Robert Joseph Toahty	May 18, 1950	June 5, 2012
Boynton Bert Turtle	Dec. 15, 1960	Dec. 2, 2012
Glen Yul Urbina	Jan. 27, 1960	Sept. 6, 2012
Truman Chester Wassana Sr.	June 6, 1935	Feb. 8, 2012
Geraldine Wells	Jan. 20, 1940	Oct. 4, 2012
Johnny Lee Westbrook	July 10, 1980	July 22, 2012
Ora Mae White Plume	June 28, 1926	Sept. 10, 2012
Fred Le Rayne White Tail	Oct. 11, 1941	March 6, 2012
John Norman White	Dec. 29, 1945	Feb. 12, 2012
John Wilson White	June 25, 1948	Jan. 31, 2012
Benjamin David Whiteshield	Oct. 18, 1977	June 27, 2012
Henry Robert Whiteshield	Sept. 21, 1921	July 11, 2012
Charles Bejamin Woolworth	Dec. 28, 1980	Oct,. 12, 2012
Ben Joe Yellow Eagle	Jan. 3, 1982	Sept. 26, 2012
Charmaine Dawnel Yellow Eyes	June 4, 1993	Jan. 3, 2012

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Oklahoma Press Association member
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Cheyenne and Arapaho Tribes
PROGRAM SERVICES
JAN. 1 2013

For a full listing of programs and contact information visit www.c-a-tribes.org

Burial Program: (405) 422-7601

Burial assistance is provided in the following amounts:

- $7,000 for funeral expense (payable to funeral home of families choosing) for tribal members 18 and over
- $2,500 for funeral expense for tribal members (or eligible for membership, in cases of stillborn deaths) under the age of 18
- $500 for meal/transportation costs; $125 for meal at wake and $125 for meal at funeral, $250 for transportation costs for family = $500

Grounds' keeping is provided at the following Tribal cemeteries:

- Concho
- Greenfield
- Watonga
- Kingfisher
- Colony
- Clinton
- Hammon
- Canton

We are currently not opening/closing graves at this time, due to condition of our equipment, this information has been provided to funeral homes and they can accommodate families in that respect.

Community Health Representative (CHR) program: (405) 422-7670

The Cheyenne and Arapaho CHR program is a federally funded program through Indian Health Services (IHS) and is administered through the Cheyenne Arapaho tribes and is a part of the Cheyenne and Arapaho department of health.

The CHR staff consists of one director, one administrative assistant, one data entry clerk, and eleven CHR generalists.

The CHR program strives to provide quality health care to the people we serve.

The CHR program provides many needed services by serving as advocates and facilitators for our clients so they may gain access to comprehensive health care.

All services provided by the CHR program have been centralized through the CHR office to maximize all available resources, which include transportation for the patients, home visits and health screenings.

The CHR program continues to provide regular health screenings, car seat checks, blood drives, immunization clinics, heart health awareness, breast cancer awareness and flu shot clinics. In order to receive continued funding through IHS each tribe is required to submit patient data through the CHR rpms system.

The CHR rpms system is an important tool in which patient data can be shared with other members of the health care team that will result in better care for the patients we serve. This data submitted also provides IHS with continual information showing the varied services offered by the CHR program. The Cheyenne and Arapaho CHR program has been utilizing the CHR rpms system for seven years with 2011 and 2012 showing all data is current.

The Cheyenne and Arapaho CHR program was selected in June 2012 to participate in a beta testing project through IHS. This is an honor for the CHR program being one of eight tribes selected nation wide.

Culture & Heritage Program: (405) 422-7704

The Cheyenne and Arapaho Tribes Culture and Heritage Program is dedicated to preserving our Tribal traditions, promoting oral history, art, music, traditional languages, and fostering cultural participation for our tribal members. The program encourages youth learning activities and participation in community events and traditional ceremonies. Preserving our cultural heritage instills not only a sense of tribal identity but also a sense of community and continuity for generations to come.

Policy Guidelines

The program is funded through the Tribal Gaming Revenue Allocation Plan which was adopted pursuant to Cheyenne-Arapaho Tribal Council Resolution No. 011704ST002, Jan. 17, 2006. The U.S. Department of the Interior formally approved the plan on Aug. 24, 2006. Program Guidelines have been established in accordance with applicable federal regulations to ensure financial accountability.

Activities, which are eligible for funding support whenever available, include the following:

Cultural Traditional Dance
Powwow Activities
Language Workshops
Educational Activities
Traditional Running Events
Traditional Ceremonies

The Culture and Heritage Program maintains including utilities and janitorial supplies, schedules, sets-up all tribal events, meetings, wakes/funerals, dinners and dances, at the following Tribal Community Halls/Buildings, Concho Community Hall, Geary Community Hall, Watonga Multi-Purpose Center, Clinton Community Center, Canton Native American Center, Seiling/Fonda Community Center, Hammon Community Hall and the Native American Church Center.

Diabetes Wellness Program: (405) 422-7723

The Diabetes Wellness Program was implemented to promote health and wellness among the Cheyenne-Arapaho community, to educate tribal members in the prevention of diabetes, empower our diabetic patients to cope with the complications of diabetes and provide support for healthy lifestyle choices. The target population is enrolled Cheyenne-Arapaho tribal members or members of a federally recognized tribe that resides within the 10-county Cheyenne-Arapaho service area.

The program services we provide are the community fitness services, eye glasses program, shoe program, nurse case management program, nutritionist program and the buffalo meat program. Additionally, the Diabetes Wellness participates in annual tribal and community events which includes the annual diabetes youth camps and activities, health fairs, sports clinics, adult and student health screenings and community education classes one in particular is the CEDAR program. The goal of CEDAR is to empower the diabetic patient and their families to prevent or delay the onset and complications of diabetes.

The Diabetes Wellness Program staff includes a project director, administrative assistant, registered nurse, dietitian, optometry technician, two fitness staff, data entry clerk and an office assistant. The DWC collaborates with other programs to ensure services for anyone who needs the assistance.

Economic Development Program: (405) 422-7461

Economic Development program includes the Buffalo Program, Farm & Ranch Program, Construction Program, Fire Management Program , Geary Nursing Home, Grocery Store and Tribal Smoke Shops

The Economic Development Department has experienced significant growth in relation to the programs' goals of creating initiatives designed to enhance self sufficiency and self determination as well as creating jobs in the areas of enterprise management, business development, construction, agriculture, land conservation, buffalo, horse and cattle ranching.

Of 130 employees, 128 are Cheyenne-Arapaho tribal members. Specialized skilled trades include plumbers, electricians, HVAC, carpenters, roofers, heavy equipment operators, concrete masons, laborers, lawn crews, fence crews and farm and ranch crews. Business development includes Calumet Grocery Store, Geary Nursing Home, Tribal Smoke Shops and the C-A Wind Energy Project.

Collaboration with Crisis and Elder Care Programs. Eligibility dependent on those program guidelines, Elder Care projects given first priority. We also collaborate with the Redlands Equine Training Program, Oklahoma Small Business Development Center.

We are now a design-build contractor in collaboration with RIGID Building Systems

Metal Frame Buildings on all phases of construction such as convenience stores, storage units, office facilities, etc. Product is at factory cost for Tribal construction consists of free engineering and design from RIGID, EDEV construction is responsible for the actual construction of the building.

Economic Development is working diligently to help conserve, protect and enhance the native wildlife. Currently we have approximately 250 head of buffalo and expect to receive an additional 30 to 40 more pure bred buffalo from Yellowstone National Park. Enhance the Diabetes Wellness Program and Ceremonial events, Equine Training Project developed with individually owned tribal horses. Cattle Project 100 head of grass fed cows/calves.

Establishment of a plan that acts as a guide to outline short and long-term goals designed to attract new business and industry. To protect the environment and natural resources within our tribal lands. Collaboration with other Tribal programs and continue to meet the needs of the communities by incorporating our traditional values.

Adult Education and Outreach Program: (405) 422-7638

The Adult Education program is administered in the Housing Authority Administration Building in Clinton, Oklahoma. Program staff members are: Kathleen Tall Bear, Education Outreach Director; John WhiteEagle, Jr. and Leaf Minear serve as Full-time Adult Education/Outreach Counselors for Watonga, and El Reno. We currently have a vacancy for the Clinton location.

We currently operate three adult learning centers: one in the Watonga satellite office across from Noble house restaurant, one in Clinton office at the Housing Authority building, and the other in El Reno, at the Cheyenne & Arapaho Department of Education offices. Currently, the Education Outreach Director serves all of the Southwest C&A service area including Clinton, Weatherford, and Thomas at the Clinton site by arrangement, and the Watonga counselor serves the Northwest area including Watonga, Canton, Seiling, Woodward area at the Watonga site four days a week. El Reno Counselor serves the Eastern C&A service area to include El Reno, Concho, Geary, Calumet, and Kingfisher at the Concho site during regular business hours. Counselors provide assistance to GED participants by scheduling individualized tutoring and computer-assisted instruction after conducting the official GED pre-test.

The Adult Education program mission is to assist and provide, improve, and expand the educational opportunities and instructional programs for Tribal members, as well as other tribes' members who reside within the C&A service area; and who are over the age of compulsory attendance and who are not enrolled in any formal education, to enable those adults to learn to read and write, learn to compute and solve problems at levels of proficiency to complete high school graduation requirements, improve adult literacy levels, and, assist adult in developing their knowledge and potential to enable them to enjoy the benefits and responsibilities of citizenship; and to enable adults, who so desire, to continue their education to at least the level of secondary school completion.

Vocational Instruction Program & Process

Provide collaboration services with the treatment center for GED and Job/Life Skills training, the Head Start and Childcare centers with parenting information and brochures. We have provided services to Elders at the Elder's Conference with Diabetes Wellness and provided fall prevention classes "Tai Chi" to elders at the ILC and Thomas communities. We have also partnered with Law Enforcement to provide clients with anger management classes.

We currently have five outreach counselors. The Outreach program encompasses the Adult Ed, Tribal Youth, and Library staff. The counselor's focus is to build rapport with local school districts to enhance the success of tribal students and to increase graduation rate. In 2004, we went back and review our 1999-2000 JOM list of eight graders and tracked crosschecked with the 2004 JOM list. We found a 5 percent deviation that we had a 60 percent graduation and 40 percent dropout rate among tribal students. If we included other tribes' students, the graduation rate increased to 80 percent. Why the difference? We are not sure so we have begun a data system for each school and are attempting to bridge the gap.

In September 2011, we were notified that we were awarded the Tribal Youth grant funded by the Department of Justice. With this we began five after school programs in January 2012: Canton, Clinton, El Reno, Geary, and Hammon. Each program provides an after school snack, homework assistance, utilizes a native youth leadership curriculum, and to foster a variety of education, prevention, and cultural activities. Its other goal is to have a youth designed and youth-driven community project that will improve an opportunity or environment within the community. At the end of year, selected students are eligible to participate in a youth leadership summit in Colorado. We have resumed the program for the 2012-13 school year and we are looking for community volunteers who can aid with the Tribal Youth program or serve as mentors.

CATV-47: (405) 422-7633

Cheyenne and Arapaho Television is making history as the first Tribally owned and operated Broadcast TV Station in Oklahoma and one of a handful in the country. Our mission is to preserve our history, culture and language and to present programming that will educate, uplift, inspire and promote the physical, mental and spiritual well being of all tribal members.

One of the projects of the TV Station is to record oral history as told by our Elders. We are losing precious parts of our history every day, but with their cooperation we intend to record the history, stories and wisdom of our Chiefs and Elders.

The TV Station can produce and/or purchase programming to air that will address public health and social issues like diabetes wellness, alcoholism, drug abuse, domestic abuse, and suicide prevention.

Language programming will be produced to teach our language to our children as well as our adults. We intend to produce both short pieces that will air through out the day and also longer form language class type programs as well. We will cover news stories and events that are relevant to our tribes.

Besides educating about health and social issues CATV47 will showcase personality profiles of successful tribal members and other Native personalities that shine as examples and role models for our youth. We feel that it is important to highlight examples of what we can be and what we can do with our lives and to show what is possible. These stories of our people are important not only to preserve a bit of our history but also to inspire and encourage us all.

Child Development Program: (405) 422-7698

The Cheyenne and Arapaho Child Development Program primary goal is supporting tribal families with quality childcare services. This allows parents to become self-sufficient through supportive services to assist them while they are either working or in an educational program. The program under the Department of Education continues to move forward in early childhood educational services with the future goal of outreach for tribal families. Quality Early Childhood Education is vital for our tribal community's future.

The Cheyenne and Arapaho Child Development program currently operates two Child Care Centers, Concho Child Development Center and Clinton Child Development Center, which provide year-round childcare services. The Centers are licensed by the State of Oklahoma and are rated 2 STAR facilities, which mean the Centers have met required criteria in providing quality childcare.

The Concho Center is licensed to provide childcare services to 40 children with three classrooms; infant, toddler, and preschool/school age. The Clinton Center is licensed to provide childcare services to 36 children with three classrooms also; infant, toddler/preschool, and the after school program. Children receive high quality, daily educational services from qualified caregivers through the tribal child development centers.

The Concho Center is convenient for Tribal and Casino employees and provides nearly 90 percent of child care services to the above mentioned target group/families. The Concho Center assists tribal/casino employees and tribal members with the availability, affordability and convenience of a local/tribally owned childcare center.

The Clinton Center is located at the satellite Tribal campus for this region of the service area in Clinton, Oklahoma. The Clinton Indian Health Service and the Cheyenne Arapaho Tribal Casino are also nearby. The Center services a wider variety of consumers, as it is located in a more populated area. The Center also houses the Tribal Head Start program, which was created to offer one-stop services for families in regards to early childhood development. Childcare children receive before and after school services.

C&A Tribal Child Care Subsidy Program

The purpose of the Tribal Subsidy program is to financially assist eligible families with the cost of childcare. To qualify for the program, the child must be a member of a federally recognized tribe, reside within the 11 county service areas, and parent(s) must be employed, attending school/training program or a mix of both. Eligibility is based on family size and family income. Sliding fee scales apply. Parents may choose the type of childcare that best suits their needs. Currently those options are; two tribally operated childcare centers, family-based providers, in-home providers, relative care and other center-based providers within the service area. The OKDHS or Registered relative care providers must license all Child Care providers. Once a family is determined eligible subsidy will assist with childcare payments to their approved childcare provider. Childcare services consist of full and part-time childcare provided by the tribal based centers and the tribal subsidy program that allows parental choice on approved childcare providers.

Head Start Program: (405) 422-7635

The Cheyenne & Arapaho Head Start Program's philosophy is to provide high quality early childhood services for children and families that reflect the traditional culture in all service areas. This is accomplished through an individualized, nurturing environment where children and families are capable of developing strong relationships within their homes, the Head Start program and the community. Head Start provides opportunities for individuals to become lifelong learners and partners in the educational process and leadership within the Cheyenne & Arapaho tribal community. The overall goal of the Head Start Program is to support families and community members within the service area in learning the skills and resources needed to be informed consumers of choices for their own and their children's lives. The Head Start Program serves to enhance the role of parents as the primary educator and advocate for their child/children. With this overall goal, the program has established content area service goals and objectives.

The Cheyenne & Arapaho Tribes Head Start Program will operate a center based program, four days per week, five hours per day at three centers with eight classrooms. The Cheyenne & Arapaho Tribes of Oklahoma Head Start program is funded for 133 children.

The program operates three centers located in the towns of Canton, Concho, and Clinton. The program provides center-based Head Start services in a part day, part year program option.

Classes are held Monday through Thursday from 9 am to 2 pm. The program provides transportation for all enrolled children.

The Cheyenne & Arapaho Tribes of Oklahoma Head Start Program's philosophy is that every child, regardless of their cultural background, needs an environment that provides them with the opportunity to develop to their maximum potential. The Cheyenne & Arapaho Tribes Head Start Program will dedicate itself to providing a comprehensive early child development program for eligible preschool children that is reflective of the culture of the families and communities of the Cheyenne & Arapaho Tribes. The program will include an environment to enhance each child's social/emotional development, cognitive development, physical development, and language development in English and their native language.

In addition, Head Start supports the processes to strengthen families and extended family members as the primary nurturers and educators of their children. The program will bring a greater degree of social competence to all children and families to enable them and empower them to become strong, independent and self-sufficient by providing all children and families with the education, health and nutritional services needed to learn and succeed.

The Head Start Program has an active Fatherhood Initiative. This initiative helps encourage fathers/grand fathers and/or male roles models involvement in the education of their child/children. The Head Start Program has held several successful events, which included Dominos with Dad, a cookout with Dad and coloring Easter eggs/Easter egg hunt with Dad. Fathers can help the Head Start program become more effective in achieving positive outcomes for children. Head Start programs can help to strengthen the parenting partnership, and help fathers to be more effective in their children's lives. It is important that Head Start staff and parents understand the importance of the parenting partnership and why fathers are essential to children's well being.

Higher Education: (405) 422-7653

The BIA-HIE Scholarship Program provides educational assistance to tribal members attending an accredited institution of higher learning. The program receives contract funds through the Indian Self-Determination and Education Assistance Act Program (P.L. 93-638). The Higher Education Program provides assistance to an enrolled tribal member who has a complete application, has met program requirements, and has an unmet educational need, as computed through their college or university financial aid office. Tribal members may receive BIA-HIE scholarship regardless of where they reside, as long as they have met program requirements and have an unmet financial need.

At present maximum scholarship awards through BIA-HIE are: Freshmen $1,000 per semester; sophomores $1,250 per semester; Juniors $1,500 per semester; Seniors $1,500 per semester; and Graduate Students $1,500 per semester. A Supplemental Scholarship award may be provided from the Gaming Higher Education Program. Freshmen student scholarships are pro-rated and $500 is disbursed at the beginning of term. Freshmen are required to submit two Student Progress Grade Report forms. The progress grade report is a way we can review student progress and to find out if students are attending classes regularly, since past records had shown many freshmen do not complete their first semester. If it appears they are having academic difficulties in some classes, we can provide counseling and advisement, or connect them with a tutor, to get them through the semester. Many times we do not receive any progress grade reports from students either because they have withdrawn or dropped out. We have experienced a savings in our Grants to Students line item since we did not send the total scholarship award funds at beginning of the semester.

Deadlines for submitting BIA-HIE applications have remained the same: June 1st for Fall attendance; November 1st for Spring attendance; and there are no scholarships provided for Summer attendance through BIA-HIE but summer students who will attain a degree at end of that particular summer may be eligible for assistance through the Gaming Higher Education Program.

Many educational services that are not allowable through the BIA-HIE program may be provided through our Gaming Higher Education Program. The purpose of the program is to provide educational support to eligible Cheyenne and Arapaho tribal members. Staff and/or Counselor visit local schools within our tribal jurisdiction to provide information related to college preparation. Many items are discussed during the high school visits, such as: ACT Test-informing the students of test dates and that an ACT test score is required for college admission. Students are informed they can receive one ACT test fee per year from our Gaming Higher Ed Program and information is provided on how to request the assistance.

Concurrent high school/college students may be able to receive some assistance. Most high school seniors enrolled in one or two college courses are already on the Oklahoma's Promise Program and we supplement services with other required assistance.

FAFSA: Students are informed it is a requirement to complete the FAFSA application as part of the BIA-HIE scholarship application. Students can first go to FAFSA and apply for a pin number. Once they have received their pin number, either by email or by U.S. mail, that pin number can be used on their FAFSA application and acts as their signature, therefore, nothing needs to be mailed but the pin number simply needs to be listed. The FAFSA requires parental involvement since the parent must provide income information from income tax report and/or all income if they are not employable. Some income may include unemployment benefits, social security benefits, veteran's benefits, disability benefits, etc., as a sample of some income that comes from other than being employed. All income must be included on the FAFSA application. As long as a student is not yet 24 years of age, not married, has no dependents, is not a ward of the court, or is not in the military, that student must use parent income information until they no longer meet any of the listed requirements.

Senior Graduation Assistance: $100 is available to assist with expenses such as cap/gown, announcements, fees, etc. Students are recommended to also apply through their JOM Program and Indian Education Program. Students must send "Four Things", a completed Gaming application; a CDIB (the one page one, not a copy of the tribal i.d. card); a letter from the high school registrar or counselor stating they have enough credits to graduate with their class in May; and a copy of the invoice or order form that they want paid (be sure the mailing address is listed since payment goes directly to the vendor). Reimbursements are not paid. This service is provided as a need assistance and once the payment has been made then there is no longer an unmet need.

Graduation Banquet: The annual Graduation Banquet date has been set for May 8, 2013 at The Frisco Center in Clinton, Oklahoma. We have used this location, as it appears to be the center of the service area. Students who are on track to graduate are requested to send a letter from their school verifying they are on track to graduate. Once we receive the letter verifying graduation eligibility, an incentive check may be prepared and given to the high school senior at the Graduation Banquet. The graduation banquet is held in honor of tribal members who graduate from high school and for tribal members who attain a higher education degree, not including vocational technical schools. High School graduates may receive an incentive award of $150 at the banquet. Checks are mailed to those out of state graduates. College/University graduates will receive their incentive award after an official transcript with degree conferred along with a Gaming application, has been sent to our office.

College preparation information is provided to high school seniors at college prep workshops, including scholarship website information; a timeline that helps them along through each month; and letting them know we are here to assist them in whatever way we can, to ensure they graduate from high school and prepare them for college admission. Some students may need a summer class to graduate and we can assist with that through our Gaming Higher Ed Program if we are informed and receive required documents. Many services are provided through Gaming funds that would not be provided if we did not receive the gaming funds.

We have a program that provides an incentive award for high school students who have been accepted into the Oklahoma's Promise Program. Once a student has received an acceptance letter, he or she may be eligible to receive a one-time incentive award of $75.00, just for getting accepted into the Oklahoma's Promise Program. Thereafter, after each term has ended and a grade report has been received, an incentive amount is available, depending on the student GPA and completion of full time classes. Students must apply by July 1st in the 8th grade and at the latest, 10th grade. They will then complete required courses and if they stay on track through graduation, Oklahoma State Regents of Higher Education may provide up to five years of free tuition at a college or university in Oklahoma or vocational technical school. The program has income eligibility requirements of $50,000 family income.

Funded higher education students are required to complete 12 or more credit hours per term and maintain a 2.00 GPA or higher. Funded students are required to send an official transcript of their grades and a class schedule for the next term. BIA-HIE staff is available for advisement and counseling. If there is assistance we can provide, maybe by meeting with student and instructor, by referring them to tutoring services or a writing center, or simply by listening to students, we are available. Textbook assistance is not available but the scholarship check is mailed to the school and the school will apply the scholarship to student account, according to their policies. Once the scholarship check is mailed students must abide by the schools policy for use and distribution. It is the hope of BIA-HIE Program that all students complete each term with passing grades and continue toward attainment of a degree.

An incentive award may be provided through the Gaming Higher Education funds for college/university students who complete 12 or more hours while earning a 3.00 GPA or higher and full time status. Incentive amounts are: 3.00 to 3.49 GPA ($75); 3.50-3.99 ($100); and 4.0 GPA ($150). Funded students must submit a renewal application every year by application deadlines.

BIA-HIE applications can be copied from our website www.c-a-tribes.org/higher education application requirements, or one can be mailed. Do not fax applications please. A checklist is provided on the application so students are aware of required documents. Applications should be mailed to Higher Education, PO Box 167, Concho, OK 73022 before or on application deadline so students will be sure to receive funding. It is the wish of higher education staff that all students attend school and earn a degree. Scholarship assistance is available. It is our hope that students mail applications in on a timely manner so they can receive BIA-HIE funding AND Gaming Higher Ed funding. BIA-HIE scholarship assistance will not be available for applicants who applied after deadline for that particular semester but Gaming assistance may be available.

Job Placement (Vocational Rehabilitation): (405) 422-7697

The Job Placement Program provides culturally relevant vocational rehabilitation services for eligible American Indians with disabilities. Duties of the Job Placement Specialist are to promote and develop employment placement for those individuals through the Tribal Vocational Rehabilitation (TVR) Program. We strive to maintain quality services to clients that reside within the service delivery area that spans eleven counties in the northwest and west central Oklahoma. The Job Placement Specialist provides assistance to TVR clients by creating a job seeker profile, manage and assist a resume portfolio, job searching, and life skills training. Building a strong rapport and working relationships with potential employers is the key to providing our clients with diverse opportunities. But moreover, customer satisfaction is the main objective not only to the client's success but also to the entire success of the program.

This program provides the opportunity to meet the job placement needs of tribal members and other Natives throughout our service area.

Johnson O'Malley Program: (405) 422-7658

The JOM Program currently serves 16 JOM communities and three Tribal Head Start Centers in the Tribes service area. They are Calumet, Canton, Clinton, Darlington, Elk City, Enid, Geary, Hammon, Kingfisher, Mustang, Seiling, Thomas, Watonga, Weatherford, Woodward, Yukon, Canton Head Start, Clinton Head Start, and Concho Head Start.

The JOM Program is assisting with eyeglasses, contacts, and exams for tribal students attending school in grades head start through 12th grade, with the availability of funds. Our current goals and objectives for JOM is assist all Native American students residing within our C&A service area and serving tribal students outside the service area with the availability of funds. JOM is working with school officials, counselors, teachers, and JOM Parents in providing financial assistance with school related items and activities for the students' educational needs in school.

Program Services continued on pg. 6

Language Program: (405) 422-7729

"Language Is Our Sovereignty"

"We will present every opportunity to learn our Languages, Cultures, Histories, and Traditions to balance the true meaning of being a Cheyenne and Arapaho. This Spirit Will Present Our Nations The Greatest Quality Of Life Possible."

Distance learning Cheyenne Language courses are offered to high school students at Watonga High School and Joyce M. Twins serves as the Lead Language Teacher. The Arapaho language course is offered through the Cheyenne and Arapaho Tribal College and Charles Sleeper serves as the language Instructor.

The development of a long-range Language plan continues for the Cheyenne and the Arapaho languages. Components of the plan have been developed and data is being researched to support the long-range plan. One goal is to develop a tribal recognized language certification process for language teachers. When fully developed, the certification will allow tribal members regardless of their level of fluency, to teach Cheyenne or Arapaho languages in the public schools and communities. The Cheyenne language and the Arapaho language course can be accredited to the foreign language courses required for high school graduation.

The Language Program continues to recruit individuals to audio and video record Cheyenne and Arapaho language words, phrases, stories and songs. Beginning the first week of last January 2012, the DOE Language Program officially launched the audio Phrase of the Week. Two audio file Phrase of the Week one Cheyenne phrase and one Arapaho phrase the IT Department assists with posting of the phrases for tribal employees who receive global emails and the other is the tribal website.

Utilizing technology and being innovative with creativity, of sound, movement and illustrations enhances our language learning tools. Everett Moore, technical specialists produces audio, video recordings and photography of language stories, songs and culture activities highlighting the youth and elders of the Cheyenne and Arapaho Tribes. If you are interested in learning a Cheyenne or an Arapaho Phrase, or record a story, please contact the Language Program.

School Clothing Program: (405) 422-7568

The School Clothing Program (SCP) provides supplemental funds in a one time disbursement to all approved Cheyenne and Arapaho tribally enrolled members who are between the ages of 3 (by Sept. 1) and 17 (by Aug 15 Per Capita Adult verification date) and who are enrolled in Head Start through High School for the 2012-2013 academic school year. There are 2,782 eligible tribal members for the 2012-2013 SCP and over 2,200 students will receive assistance in 36 states throughout the U.S. and two students residing outside the country.

Applications can be mailed to: Cheyenne-Arapaho Tribes Education Department, C/O SCP, PO Box 170, Concho, OK 73022 or faxed to (405) 422-8275 or you may submit the application personally to the Tribal Education Department.

Vocational Rehabilitation Program: (405) 422-7613

The American Indian Vocational Rehabilitation (AIVR) is authorized by Title I, Part B, section 110(c) and Part C, section 121 of the Rehabilitation Act of 1973, as amended. Under the AIVR, discretionary grants are awarded on a competitive basis to governing bodies of Indian tribes located on Federal and State reservations and to consortia of such governing bodies.

The Cheyenne and Arapaho American Indian Vocational Rehabilitation came into existence October 1, 1997 and has continued through today.

We are committed stewards of the public trust who are passionate about the work we do and care about the people we work "with and for". We are dynamically striving for excellence in quality service, constantly learning, achieving and creating our future(s) together. We excel as leaders in our field through creativity and innovation.

To work in partnership with people with disabilities to individually pursue, obtain and maintain employment suited to a person's abilities and interests; leading to independence, increased self-sufficiency and full inclusion in society.

The Cheyenne and Arapaho Tribes American Indian Vocational Rehabilitation provides services for eligible American Indian individuals with disabilities age 16 and older. Our services consist of an array of services that are projected to have an employment outcome or maintain existing employment. We provide physical & mental restoration, training, assistance in basic living skills, job readiness, job search and job placement along with counseling and guidance. The purpose of the program is to achieve a respectable and effective service delivery system for American Indians with documented physical and/or mental disabilities and to develop effective linkages between Local, County, State, Tribal and Federal Service providers.

Our services are geared toward gainful employment, to include self employment, telecommuting and business ownership for American Indian individuals with disabilities within our eleven county service delivery area of northwestern and west central Oklahoma. This includes: Beckham, Blaine, Canadian, Custer, Dewey, Kingfisher, Major, Roger Mills, Washita, Woodward and the Southeastern corner of Ellis County.

Under the Rehabilitation Act of 1973 as amended, Eligibility can only be determined by the Cheyenne and Arapaho American Indian Vocational Rehabilitation Staff. Under no circumstance, is eligibility determined by any person or department outside of the assigned staff.

We are not an entitlement program. An individual must meet all requirements of the eligibility criteria. The Cheyenne and Arapaho American Indian Vocational Rehabilitation has four requirements to be eligible for Vocational Rehabilitation Services:

Applicant must be 16 years or older and a member of a Federally Recognized Indian Tribe.

Applicant must reside within the Designated Tribal Service Delivery Area.

Applicant must have a documented physical or mental disability that is an impediment to employment.

Provision of Vocational Rehabilitation Services will result in an Employment outcome.

Once a person is determined eligible further assessments may be required so an Individual Plan for Employment (IPE) can be created and agreed upon between the individual and the Vocational Rehabilitation Counselor. The individual and the Vocational Rehabilitation Counselor determine the available services; when they start, the stipulations, progress and when they end. No vocational rehabilitation services or products are purchased without an IPE for each individual.

Are you an American Indian that is a member of a federally recognized tribe?

Do you reside in the Cheyenne and Arapaho eleven county service delivery area?

Do you have a documented physical or mental disability that keeps you from working?

If you answer yes to the above questions and you require vocational rehabilitation services that leads to employment, please contact the Tribal Vocational Rehabilitation. To download an application online visit www.c-a-tribes.org/vocrehab.

We have three locations with a highly qualified staff to serve you. We have provided services for over 500 American Indians with disabilities since 1997. We are state, national and internationally acclaimed. Get on "The Path to Employment" today. Call (888) 284-7725.

HOW TO CONTACT PROGRAM PERSONNEL

El Reno Office
Counselor: Charles Sleeper
Phone: (405) 422-7615
E-mail: csleeper@c-a-tribes.org
Clinton Office
Counselor: Pat Smothers
Phone: (580) 331-2320 or (877) 359-1220
E-mail: psmothers@c-a-tribes.org
Watonga Office
Phone: (580) 623-7324 or (866) 870-0708
Counselor: Fred Mosqueda
E-mail: fmosqueda@c-a-tribes.org

TRANSITION

Are you a parent or guardian that has a child 14 yrs or older with a disability? We understand the fear of facing the school system alone and the nature of the Individual Education Planning (IEP) Process toward transition of your child as a student. We can help you with the planning to prepare your child for the future as an adult. You must invite your local Tribal Vocational Rehabilitation Counselor to the IEP meetings. The school system is not required to have the Vocational Rehabilitation professionals present when they conduct the planning for your child. We can provide work experience, resume preparation, job placement and vocational counseling to prepare the child as a student to have a seamless transition to adulthood and improve the student's lifestyle as an adult.

For a complete list of qualifing disabilities, contact Bryan Sykes at (405) 422-7613.

Elder Care Program: (405) 422-7571

The Cheyenne and Arapaho elder population who use the services of the Cheyenne and Arapaho Elder Care Program are to be commended for the hardship and sacrifices that they endured during this time of financial crisis that has affected all programs within the Cheyenne and Arapaho tribe.

The Cheyenne and Arapaho Elder Care Program has completed many positive internal management changes that have resulted in improved services and has allowed greater accountability of line item expenditures that are utilized for the client base that the Elder Care Program serves.

There is greater flow in day-to-day activities of the Elder Care Department utilizing the proven management concept of delegation. Under this concept the distribution of services for the last 90 days has steadily shown a measurable improvement in accuracy, reduction in accidental double distribution, smoother mail out process, less waiting time for those who choose to come in to the Elder Care Program office and receive their voucher, and the number of complaints has measurable decreased. When the program comes back to full capacity these many changes in policy will be applied to each component that the Elder Care Program is the steward of.

In times of normalcy when other components the Cheyenne and Arapaho elder client base can apply for, i.e. Utility Assistance, or Rent/Mortgage/House Payment, Medical, Medical Supplies and Equipment, Dental, Glasses, Hearing Aid, Transit Cards, Hotel, Home Improvement, and Major Home Repairs, one can see the full magnitude and scope of care numerically that the elected leadership considers important to provide to it's elder population.

To try to allow the clients an easier method than driving to a location to turn in their applications a self addressed stamped envelope is included in each food card/voucher that is mailed out to the tribal elders living in various parts of the service area. This reduces any fuel cost and those that have no transportation available. External community resources that assist with various areas have been identified in service area communities and client referrals have been

Elderly Nutrition: (580) 323-2351

Meals are served Monday-Thursday, from noon to 1 p.m. for all elders age 55 and older. Carry out and homebound meals available. The homebound meals are delivered by Tulane Wilson and brother, Gus Wilson volunteers.

The Diabetes Program comes every month to talk about special diets. We have Legal Aid who comes every month. We have our Cheyenne language and storytelling classes twice a month. We are in the process of having other activities for the winter months. We look forward to keeping our elder occupied. We have interest from other elders to teach and share their talents with others. We have started some fund raisers to go places.

The year, 2013, marks the Elderly Nutrition Center's 25th year of existence. Plans are to

Enrollment: (405) 422-7604

Enrollment provides the following services: Tribal ID cards which are $7.00 and must be purchased with a money order, Employee ID cards, Paper copies of CDIB's (certified degree of Indian blood), BIA form 4432 (verification of Indian preference for employment), Verification of voter registration information, Public notary, Statistical information for various programs and outside entities, Enrollment and Relinquishments, Burial Assistance and Per-Capita distribution information, Genealogy and Verification of enrollment for tribal and/or federal program assistance.

Emergency Medical Services: (580) 323-2304

The Cheyenne & Arapaho Emergency Medical Service operates 24 hours per day 7 days per week, staffed with National Registry and State Licensed EMT-Paramedics, Critical Care Paramedics, Intermediates, Basic and EMR Levels. The Cheyenne & Arapaho Tribal EMS employs one EMS Director, one EMS Assistant, two Full – Time Paramedics with one being Critical Level, three full – time Intermediates and nine on – call status medics.

The EMS program provides care to all eligible I.H.S. beneficiaries, as well as the general public. The Cheyenne & Arapaho EMS program is licensed as Pre –Hospital Emergency Intermediate Level and Specialty Care Level as well. The medics work a 24-hour shift, which is from 9:00 a.m. to 9:00 a.m. the next morning. The program strives to have paramedic coverage daily to provide the highest level of care to the Native American People within the service area. At Specialty Care Licensure Level the medics can provide advanced airway management, administer cardiac medications for emergency, proved and interpret EKG's, perform rapid sequence intubations.

The Emergency Medical Service program provides classes within our system and to surroundings agencies for Continuing Education required to keep medical personnel up to date on skills and performance for licensure, which include PALS, ACLS, CPR, AMLS, and EVOC.

Goals for the Emergency Medical Service will be to keep providing the highest level of care to the Native American People within our service area with intentions of expanding to Concho in the future.

During the previous year, our program responded to 420 calls.

Workforce Investment Act (WIA) Program: (405) 422-7544

The Cheyenne and Arapaho Tribes Workforce Investment Act (WIA) Program provides employment and training services to eligible Native Americans who reside within the approved eight (8) county service area: Beckham, Blaine, Canadian, Custer, Dewey, Kingfisher, Roger Mills, and Washita.

The WIA Program provided six (6) adult participants and thirty-one (31) youth participants with employment services, fifteen (15) adult participants with vocational training services, and fifteen (15) adult participants with supportive services for job retention. The employment service paid wages for adult participants and youth participants to work at WIA selected worksites. The vocational training paid participants for class time participation. The supportive services purchases items to assist the participant before their first paycheck was received. The WIA Program served sixty-seven (67) Native Americans total.

The WIA Program has created partnerships with other direct service provides, Tribal Programs and Non-Tribal Programs. The Vocational Rehabilitation Program and WIA collaborated and hosted a Career Fair at Western Technology Center (Weatherford) on April 18, 2012. A Memorandum of Understanding (MOU) was signed by Governor Janice Boswell on May 31, 2012 to continue working relations with the Central Oklahoma Workforce Investment Board. The WIA Program negotiated a networking Memorandum of Understanding (MOU) with Second Chance And Reentry Services (SCARS) in El Reno and on June 21, 2012 Governor Boswell, and the SCARS Executive Director signed the MOU. The WIA Summer Youth sent five (5) participants to attend the Oklahoma Employment and Training Advisory Council's (OETAC) Youth Summit on July 6, 2012 at Shawnee, OK. The Vocational Rehabilitation Program and WIA conducted "Community Out-Reach" meetings beginning July through September 2012 at the following sites: Elk City, Sayre, Burns Flat, Clinton, Mustang, Yukon, Seiling, Woodward, and Fairview.

The Cheyenne and Arapaho Tribes Workforce Investment Act (WIA) Program has actively engaged employers, training providers, and established working relations within the eight county service area. The WIA Program welcomes anyone interested in employment and training services to please visit the office or call for information, Monday through Friday, 8 a.m. to 5 p.m.

Employment Opportunities and Training Services (EOTS): (405) 422-7494

Bureau of Indian Affairs: Adult Vocational Technical Training Assistance (AVT) and Job Placement and Training (JP&T) Program

The participating students receiving financial assistance were primarily from the Cheyenne and Arapaho Tribes. All federally recognized Native Americans are served by this Adult Vocational Training and Direct Employment assistance program in this service delivery area. Successful partnerships with the Department of Labor State and Tribal Workforce Investment Act Departments, Employer Network Groups and Social Services assists with some gaps for ineligible individuals.

The performance outcome was to assist 70 Native American Workers with the tools required to accept new employment and training. The EOTS office exceeded their employment goals for 2012 this summer.

The Director and staff visit local high schools, Canadian Valley Vocational Technical Center, Chisholm Trail Vocational Technical Center and Caddo-Kiowa Fort Cobb Vocational Technical training centers to assist current students. The Director and staff also attend community, regional, district, state and national meetings, workshops and training to provide information and training to potential participants and employers who are hiring the native worker. This office also has worked diligently with State Agencies to assist those tribal employees in need of unemployment insurance claims assistance. This office also helps tribal employee with their unemployment insurance appeals for the good of the tribal worker and recent furloughed employees.

This staff does job development and job referrals on local employment, jobs research on the Internet and assists in resume preparation and job coaching for participants. This department is one of the only offices, which stays open during the noon hour, which is another way this staff goes above and beyond the tasks assigned.

Staff is cross-trained to be able to work with wide variety clients and to assist them to find suitable work and training for the clients and ensure their self-sufficiency. Staff will counsel participants, to keep them in training and on the job. The staff conducts research on the Internet for new job ideas and training. Their initiative keeps them apprised in employment law and professionalism on the job. This staff does conduct business courtesy classes and Grant Writing courses to clients to assist in getting new programs.

The Cheyenne and Arapaho Tribes Employment Opportunities and Training Services (EOTS) Office's Mission is to provide excellent services to Native Americans and help guide program participants to become self sufficient: The Cheyenne & Arapaho Tribes Native Employment Works program staff strive to ensure that the departmental Mission also applies to this program.

We had provided employment referrals, financial assistance for adults on the job, vocational training and for the required new employment and training financial needs for the NEW Client. NEW Clients served have received services including Class Room Training at Redlands College, We have an on-going working partner working relationship with the following federal and tribal programs: Tribal & State Workforce Investment Act Department; Cheyenne and Arapaho Tribes Social Services Program, Cheyenne and Arapaho Tribes Crisis office, Cheyenne and Arapaho Tribes Transit Program, Bureau of Indian Affairs/Job Placement and Training; Equal Employment Opportunity Commission and Tribal Employment Right Ordinance support, Eight County Department of Human Services offices, Tribal Higher Education Colleges, Oklahoma State Vocational Technical Centers at El Reno, Omega, Fort Cobb, Clinton, and participate in On the Job Training Programs with businesses, to assist the NEW client. The Director also serves on the Canadian Valley Vocational Technical Business Class Advisory Board.

Recreation, Exercise, and Sports for the Elders and Children of the Tribes (R.E.Sp.E.C.T.) (405) 422-7570

The Recreation, Exercise, and Sports for the Elders and Children of the Tribes (R.E.Sp.E.C.T.) Program was established May 2006 to encourage and support Cheyenne and Arapaho tribal members' participation in recreational, exercise, and sports activities. The R.E.Sp.E.C.T Program is a comprehensive approach to wellness. The multifaceted program provides for individual well-being, such as physical and mental fitness, character building, self-esteem, and social interaction, with a major emphasis on positive youth development. In addition, the program provides opportunities for encouraging greater tribal unity. Within sixteen months, the program has sponsored and co-sponsored numerous activities and events, and provided assistance for participation in recreational, exercise, sports, and other related activities. The program is fully funded by the Cheyenne and Arapaho Gaming Revenue Allocation Plan and serves all tribal members within the service area of Oklahoma.

The Cheyenne and Arapaho tribal members will participate in sports, exercise, and recreational activities in an environment that enriches their lives and encourages healthy, productive, responsible, and respectful citizenship.

The R.E.Sp.E.C.T. Program will establish and promote effective recreational, exercise, sports activities, and other related support to enhance the lives of Cheyenne and Arapaho youth, adults, and elders.

The purpose of the R.E.Sp.E.C.T. Program is to provide opportunities that will encourage tribal members to participate in activities that provide recreation, exercise, and sports activities for better health. Better health refers to a holistic approach in the physical, mental, social, and spiritual aspects of life. When tribal members become more health conscious, they will live healthier and encourage generations that follow to live healthier. As tribal people come together and participate in various activities, a greater sense of unity among the Cheyenne and Arapaho people will ensue.

To support this mission, the R.E.Sp.E.C.T. Program goals and objectives are to sponsor and implement recreation, exercise, and sports activities that include: RECREATION: R.E.Sp.E.C.T. will conduct and encourage participation in recreational activities and implement youth troops and clubs and other activities that increase outdoor awareness. Conduct recreational activities, camps, and events for youth, adults, and elders. Implement Boy Scouts and Girls Scouts troops, plus other Native American Boys and Girls Clubs. Increase awareness of outdoor activities (i.e. fishing, camping, hiking, swimming, and other recreational games, and activities). Encourage participation in recreational, exercise, sports, and activities

R.E.Sp.E.C.T. will collaborate with existing tribal, county, and state agencies and programs to establish physical exercise and increase health-sustaining activities. Establish walking/running clubs. Increase activities for prevention of health related issues.

R.E.Sp.E.C.T. will sponsor and coordinate various sports leagues tournaments, camps, and other sports activities. Sponsor youth and adult teams to compete in intramural sports and leagues Improve and oversee existing tribal athletic facilities. Sponsor youth and adults in competitive athletic teams. Host sports camps and clinics (i.e. coaching, officiating, first aid, and others) Sponsor banquets to acknowledge participation and performance of athletes. Establish a Cheyenne and Arapaho Tribes "Sports Hall of Fame"

R.E.Sp.E.C.T. offers financial assistance in the following areas listed below. All applications must include a copy of a Certified Degree of Indian Blood (CDIB) or (CDIB2) for each applicant.

Assistance	Allowance	Amount
Adult Assistance	Once per year	$200.00
Athletic Shoe Program	One sport per semester	70%, 60%, 50%
Camp & Clinic	One camp per year	$300.00
College Student-Athlete	Once per school year	$500.00
Community Request	One holiday per 6 months	Varies on Request
Exceptional Student-Athlete	Once per school year	$1,000.00
League & Uniform	One sport per 6 months	$200.00
Ring & Jacket	Once per school year	$150.00
Sports Frames	Once per school year	$150.00
Team Assistance	One sport per 6 months	$200.00

R.E.Sp.E.C.T. program activities include: Elders Day Out, Adult Basketball League, Adult Volleyball League, Adult Bowling League, Adult Softball League, Adult Flag Football League, Adult Zumba Class, Cheyenne & Arapaho Basketball Program, Cheyenne & Arapaho Running Club, Youth Forum, Spring Fling, Annual Doyle Lonelodge Memorial Basketball Tournament, Easter Egg Hunt, Mother's Day Activity, Youth Soccer Tournament, Red Moon Pow-Wow Activities, Sports & Fitness Camp, July 4th Activities, Annual Summerfest, Fall Break Camp Out, Halloween Carnival, Zombie Walk, Veteran's Memorial Walk, Turkey Trot, Holiday Fun Day, Youth Sports Expo.

Substance Abuse Program: (580) 331-2370

The Cheyenne and Arapaho Tribes have a contract with the Indian Health Service to provide substance abuse services to any substance abuser eighteen years of age and older who has a Certificate Degree of Indian Blood. The residential facility of the Substance Abuse Program is known as the George Hawkins Memorial Treatment Center located in Clinton, Oklahoma.

The purpose is to provide tribal members primary residential treatment services in an effort to reduce substance abuse. This is often proven effective in reducing the use of alcohol. It is also becoming more effective in the rising tide of other drugs such as methamphetamine. We guide clients to recovery and help reduce the use of illegal and addictive substances. Our counselors address individual, family, and community issues prompted by substance abuse. Our vision is for healthy and recovering American Indians. This is being accomplished through individual choices, excellent prevention services and professional therapy.

The target population serves all American Indians with emphasis on those who live in the service area of the Cheyenne and Arapaho Tribes.

The Substance Abuse Program offers primary residential treatment to American Indian tribal members. The treatment is offered on a twenty-four hour, seven day a week basis. Primary Residential Treatment is a non-medical, intensive treatment program designed to facilitate the substance abuser by placing the client in a highly structured therapeutic environment. The program offers individual and group counseling, substance abuse education and the 12-Step program of Alcoholics Anonymous adapted to the Indian culture.

The Substance Abuse Program provides a reporting system to the people, to the Indian Health Services and to appropriate agencies such as family services, child welfare and tribal and district courts. Training is done by attendance at state and tribal conferences and weekly in-training and review sessions.

Social Services: (405) 422-7877

Social Services Department includes five programs which are Emergency Youth Shelter, Indian Child Welfare, Domestic Violence, Food Distribution, and Social Services

The General Assistance Program

The GA Program of Social Services provides services under BIA contract as a temporary welfare program parallel to TANF at the state level. The program assists clients financially who are in an emergency crisis situation. The monies distributed from Southern Plains region BIA in Anadarko. All client services are provided through Social Services, Concho offices.

The Social Services department received stimulus funds, under the American Recovery and Reinvestment Act, these funds will be used to stimulate our tribal community and in turn the national economy by putting as many people to work as possible.

Program Purpose: The purpose of General Assistance Program is to provide welfare assistance to federally recognized American Indian and Alaska Native tribal members who are in immediate need of financial assistance. Cash assistance provides essential needs: food, clothing, shelter, and utilities to clients deemed eligible. These individuals must be enrolled members of federally recognized tribes. Prove their inability to meet essential needs. Reside in an approved 11 county service area (Blaine, Beckham, Canadian, Custer, Dewey, Ellis, Kingfisher, Major, Roger Mills, Washita, Woodward). Apply concurrently for all other federal, state, tribal, county, and local programs for which he/she may be eligible. Cannot be receiving any comparable assistance.

The applicant must demonstrate they are actively seeking employment by providing the social services worker with evidence of job search activities, including the use of available state, tribal, county, local, or Bureau-funded employment services. Perform successfully in the work related activities, community service, training and/or other employment assistance programs.

Program Goals: The goal of the General Assistance program is to increase self-sufficiency. Each General Assistance recipient must work with the Caseworker to develop a signed and agreed upon Individual Self-Sufficiency Plan (ISP) to meet the goal of employment. The plan outlines specific actions including job readiness and job search activities individuals will take to increase their independence.

EMERGENCY YOUTH SHELTER

The Cheyenne and Arapaho Tribes Emergency Youth Shelter is a short term residential facility for emergency placement for children and youth who are victims of abuse, neglect, or abandonment. Our program is funded by the Bureau of Indian Affairs and we are a state licensed facility. So far this year we have admitted ten clients who ranged in age 9 months to 17 years old. Our shelter has provided them with 232 days of care with average length of stay being 23.2 days, there were seven females and three males admitted with eight of them attending local schools. The clients receive health screenings shortly after admission and receive medical care when necessary. At this time our program has five employees who attend required training annually to remain in compliance with regulations. Our program is regularly inspected by Department of Human Services Licensing, Bureau of Indian Affairs, Office of Environmental Health, and Indian Health Service

DOMESTIC VIOLENCE

The Domestic Violence Program is in the beginning of its third year after receiving a one year extension. We continue to assist tribal members who are victims of domestic violence, sexual assault, dating violence or stalking. We are fortunate in being able to provide transitional housing, incidentals such as clothing, personal hygiene items and food. We have also been able to assist several victims with car repairs that occurred while "fleeing" from an abuser. Our staff consists of the Program Coordinator and the Victims Advocate. You can reach the office at (405) 422-7692 or (405) 422-7639. Emergency help number that can be called 24 hours a day/7 days a week is (405) 201-8295.

BRIEFS

Native American Museum Studies Institute-A Professional Development Opportunity for Tribal Museum Professionals

Jan. 8-9, 2013 at the University of California in Berkeley, Calif. For more information visit www.firstpeoplesnewdirections.org.

Employment Law for Tribes and Tribal Organizations

Jan. 15-17, 2013 at the Embassy Suites in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Managing the Federally Funded Construction Project Under Grants, Contracts and Self-Determination Awards

Jan. 16-17, 2013 at the Embassy Suites Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Introduction to Tribal Grants Management

Jan. 16-18, 2013 at the Embassy Suites in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Role of the Recording Secretary within Tribal Organizations

Jan. 17-18, 2013 at the Embassy Suites in Las Vegas, Nev. For more information visit www.falmouthinstitute.com.

The third annual Native American Human Resources Conference

Jan. 24-25, 2013 at the Pala Casino and Resort in Pala, Calif. For more information or to register visit www. nativenationevents.org/conference/third-annual-native-american-human-resources-conference.

The 15th annual Native Diabetes Prevention Conference

Jan. 27-30, 2013 at the Grace Inn in Phoenix, Ariz. For more information or to register visit www.aii.ou.edu/nativediabetes2013.

The second annual National Native American 8(a) Conference

Jan. 28-29, 2013 at the Morongo Casino and Resort in Cabazon, Calif. For more information or to register visit www. www.indiangaming.com.

U.S. Department of Energy Tribal Energy Programs-EUCI 2013 Tribal Lands Conference

Jan. 28-29, 2013 in Scottsdale, Ariz. Complete this conference to have an understanding of federal Indian law, tribal sovereignty, tribal government structures, tribal dispute resolution systems, and the elements of successful project development in Indian Country. For more information visit www.apps1.eere.energy.gov/tribalenergy/events.

Advanced Human Resource Certification for Indian Country

Jan. 28-Feb. 1, 2013 at the Indigo Sky Casino in Wyandotte, Okla. Hosted by the Eastern Shawnee tribe of Oklahoma. For more information or to register visit www.falmouthinstitute.com.

Simple woman, simple life

continued from page 1

years, I would get very tired and hot being in my Buckskin dress in the afternoon and evening. I wore that dress all the time it seemed, but I did get to know other princesses and make new friends."

Whitebird leans back into her chair, sighs, grins and said, "I look back today on my experiences and I think I have had good ones, I am blessed."

Whitebird said there were some summers she would stay with her father's mom, Phoebe, in Greenfield, Okla.

"When me, my sisters and brother would come home in the summer sometimes we would spend time in Greenfield with my father's mother. I remember we had to go to bible school and the pastor would pick us up and we would ride in a cart being pulled by a horse … on those back country roads, we would sometimes bounce so high, we thought we were going to bounce right out of that cart, but most of the time we spent our summers in Canton with my mother and my grandmother, until my mother remarried then we stayed there permanently with my grandmother in Canton," Whitebird said. "My grandma's place was just right south of town, she had a house built on her land. Back then a lot of the Indians had their houses built on their allotments ... I remember the old Cantonment BIA office was up there."

Whitebird stopped for a moment before going back to her days at Concho school.

"I played on the basketball team and was the last graduating class of the old Concho Boarding School," Whitebird proudly said. "I truly believe the things I was taught while I went to school in Concho prepared me for life."

After graduation Whitebird moved in with her mother in El Reno, Okla.

"I helped momma around the house and for a family in Oklahoma City taking care of the kids and cleaning the house," Whitebird said. "I soon also began working at Crystal Laundry in El Reno and I met my husband Malcolm Whitebird."

Whitebird said her husband took a job and then she found herself in California.

"We moved out to California and that was when I had my first two children. We lived there from 1959 to 1963 when my husband and I decided to come back to Oklahoma. I went back to work for Crystal Laundry and it wasn't too long after that we had three more children. My husband and I divorced," Whitebird said. "Once Crystal Laundry closed I went to work at The Best Western Hotel in EL Reno and retired just a few years ago."

Ernestine Whitebird, with her cousin Selena.

Whitebird shared her feelings about not knowing her father's family as well as she would have liked.

"I am the last one of my sisters, aunts and uncles are all gone. I never really knew who my relatives were on my father's side. I believe parents should tell their kids who they are and who they are related to," Whitebird firmly said. "I keep busy by supporting my church, First Baptist of El Reno. I became a member in 1979 and it is the greatest thing I have ever done in my life. I put all my trust in God."

Whitebird said she is grateful to have family and friends, "I am very blessed, God has given me my children, and grandchildren and my church family … they are all so good to me. Most of my children live in different states, so I don't get to see them as often as I would like. I spend my time crocheting, reading and spending time with my girlfriends ... I am truly blessed."

Concho Boarding School girls basketball team in 1950s.

Back row: Coach Eshilemen, unknown, Lorraine Haury, June Rose Warden, Ahinawake Nibbs, Ernestine Whitebird, Erma Jean Brown.

Front row: Lula Jean Blackowl, unknown,unknown, Roberta Whiteman, Helen Whiteman and Mary Lou Bringinggood.

Christmas surprise

continued from page 1

to join the Navy. I have been taught a lot of life lessons that I would have never learned if I had not joined. I have gone through a lot of changes in my life since joining in 2008. However, one thing I could always count on no matter what was my family. They have been my entire support system throughout my entire life, but especially through this journey. Since joining I have experienced many ups and downs in my life. Nevertheless, I am grateful for every one of these experiences because I am a stronger person today because of it. I am extremely honored to serve my country and to make my family proud."

Hannah Sheridan hugs her niece Haiden Sheridan and nephew Allen Sheridan.

Hannah spent her first days home surprising her nieces and nephews at their different schools in Mustang and El Reno, Okla.

"I have ten nieces and nephews now and when I joined I had six. They have gotten big over the past five years I have been away and I have just been trying to keep the secret that I am home so we can surprise them," Hannah said.

When the gift box was lifted up and Hannah stepped forward, her niece and nephew, Haiden and Allen stood up and ran into their aunt's arms with tears coming down their face.

Hannah grabbed them both and all three stood hugging as the rest of the children clapped.

Powwows & Events CALENDAR

R.E.Sp.E.C.T. Youth Sports Expo

10 a.m. - 3 p.m. Jan. 2, 2013 at the Southwestern Oklahoma State University Wellness Center in Weatherford, Okla. Grades kindergarten through 6th. Sponsored by the Cheyenne and Arapaho tribes' R.E.Sp.E.C.T. program. For more information call the R.E.Sp.E.C.T. program at (800) 247-4612 ext. 27570.

Oklahoma City Powwow Club New Year's Dance

Saturday Jan. 5, 2013 at the Cleveland County Fairgrounds, 615 E. Robinson in Norman, Okla. Gourd dance at 2 p.m. Supper at 5 p.m. and Grand Entry at 7 p.m. Everyone is welcome to attend. For more information contact Yonavea Hawkins at (405) 919-1572 or Genevea Foote at (405) 308-7352.

Indian Alcohol Substance Abuse Program Advisory Board meeting

2 p.m. - 5 p.m. Jan. 7, 2013 at the Rollin Haag Native American Church building in Concho, Okla. Everyone invited to attend. Refreshments will be served. For more information call John Blackowl, coordinator at (405) 201-3609.

Scholarship Search Workshop

Jan. 11-12, 2013 at the Southwestern Oklahoma State University Science Room 108 in Weatherford, Okla. The workshop will be presented by Carrie Orange and Wanda Whiteman. For more information call (405) 422-7560.

Carmen "Pretty Horses" Sankey 16th birthday Dance

Jan. 12, 2013 at the Concho Community Center in Concho, Okla. Gourd dance 2 p.m. Supper at 5 p.m. Teen dance at 7 p.m. Funny Bone and Lil' Mike with other guests at 8 p.m.

Carmen is a Kit Fox Society Sister and a special invitation is given for all Society Members and Tribal Princesses. Booth space available. Bring own chair. For more information call Sheldon Sankey at (918) 441-9633 or Alan Fletcher at (405) 923-0304.

National Active and Retired Federal employees, Chapter 1345 regular monthly meeting

5:30 p.m., Jan. 14, 2013 at the Mark Restaurant in Weatherford, Okla. All current and past federal employees are invited to attend. For more information contact Elizebeth Wilson at (405) 229-8495 or by email at ohelizebeth@cableone.net.

EATING well for DIABETES

By Tara Conway, MS, RD/LD, CDE
C&A Diabetes Wellness Program

Happy New Year

The New Year brings new resolutions with the most common resolution being weight loss. Unfortunately weight loss is the hardest one to keep.

So, how about this year we don't make a weight loss resolution, instead we make a resolution to switch regular cola for diet cola.

Another good resolution would be to tell ourselves I am going to eat one piece a fruit a day or drink one glass of milk a day.

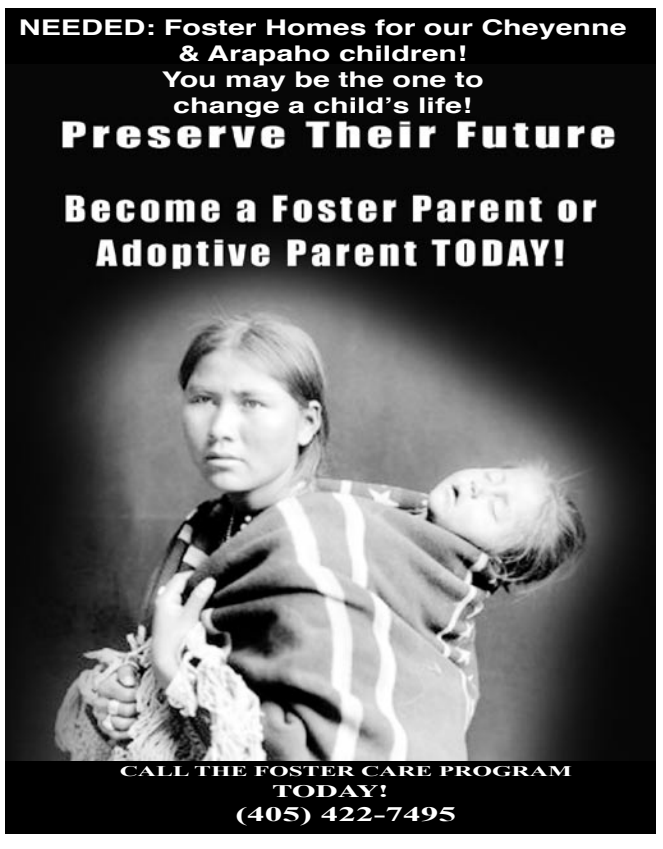
Another one would be to choose to eat at least one non-starch vegetable a day or decide instead of eating out everyday to set a goal to cook at least two meals a week at home. Small changes add up.

Going on fad diets and losing a lot of weight in a few short months most always fails. We diet, eat the foods we are told but never change our habits so when we quit dieting and go back to the way we were eating previously then weight gain occurs and most times with more weight gain. So we yoyo weight up, weight down and that is dangerous and can have lasting affects on your heart.

Remember smaller, more frequent meals and monitor portions. Reduce the sodium and fat in your diet and eat less fried and fast foods.

The Diabetes Wellness Program has staff that can help you meet your nutrition and exercise goals.

For more information contact the Diabetes Wellness Program at (800) 247-4612 ext 27685.


NEEDED: Foster Homes for our Cheyenne & Arapaho children!
You may be the one to change a child's life!
Preserve Their Future
Become a Foster Parent or Adoptive Parent TODAY!
CALL THE FOSTER CARE PROGRAM TODAY!
(405) 422-7495

Happy Birthday

Happy Birthday and Happy New Year!!
Addie Mae Haag
Jan. 2
Love your grandmas, Diane, Elise and Phyl and the Hawk household

Happy Belated Birthday
Bruce Lonewolf Hawk
Dec. 31
From your mom, aunties, cousins and kids

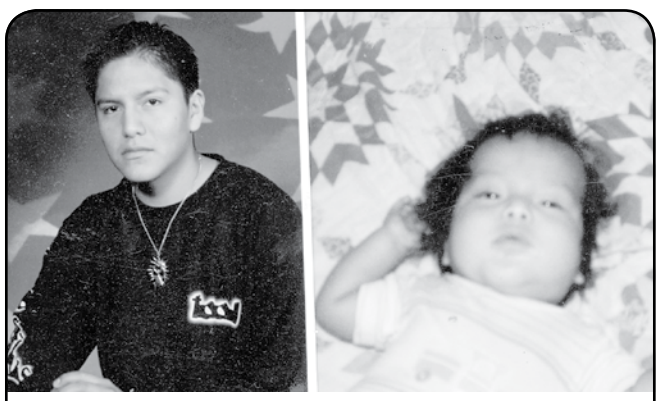
Happy Belated Birthday
Bruce Bushy
Dec. 27
From your sisters, nieces, nephews and grandkids

Happy 5th Birthday,
Cade Wesley!!!!
Love, Mom, Seth, Issy
Abbie and Buvi Levi
We Love you!!!!!!

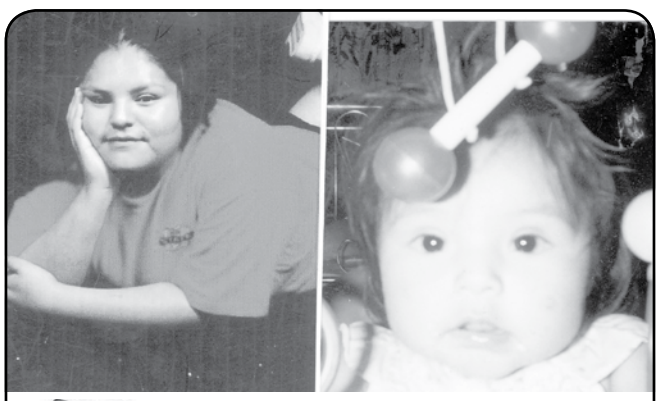
Happy Belated Birthday
Elouise Swallow
Dec.19
Love your sisters and the Hawk household

Happy Belated 40th Birthday
Mark E. Curtis
Dec. 24
From Clinton, Dogmen Elite/Kit Fox Clan
100 percent Cheyenne Indian
Bighorse Curtis

Happy Belated Birthday
Jason Morton Dec. 4
Jalynn Hawk
Phyllis White Thunder
Dec. 9
Elouise Swallow Dec. 19
Sheldon Hawk Dec. 24
Jennifer Morton Dec. 23
Bruce James Bushy Dec. 27
Phyllisha Patton Dec. 29
Little Bruce Hawk
Dec. 31
We are sorry we missed your Birthdays, but you are always in our thoughts and prayers! Love you very much, Nena, Daryl, Drew and Bear



Happy Belated Birthday
Jason Whitethunder Morton
Dec. 4
Love, mom, momma, Jen, aunt Elise and the rest of the family.



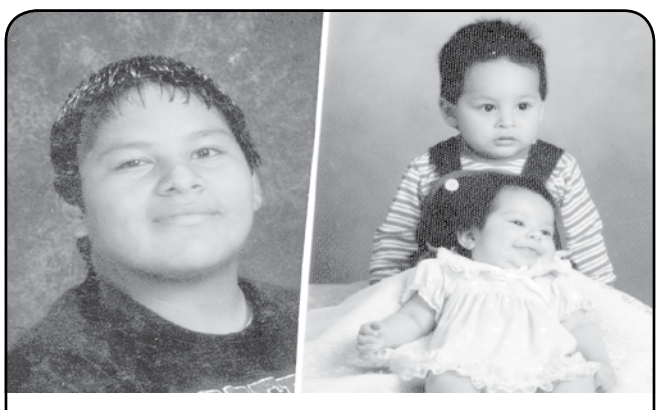
Happy Belated Birthday
Jennifer D. Morton
Dec. 23
From your mom, momma and family

Happy Belated 7th Birthday
Jalynn Rose Hawk
Dec. 6
Love the Hawk family and grandmas Elise and Phyl

Happy Birthday and Happy New Year!!
Javier Carrasco
Jan. 5
From your grandmas Diane, Elise and Phyl

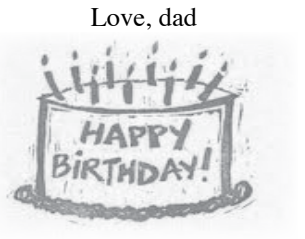
Happy Belated Birthday
Phyllisha M. Patton
Dec. 29
From your grandmas, Diane, Elise and Phyl

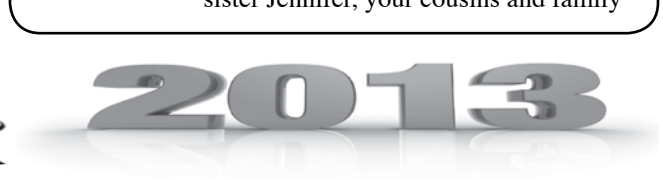
Happy Belated Birthday
Neva R. Hawk
Dec. 19
Love your family



Happy Birthday
Sheldon White Thunder
Love you!!
Your aunts Diane, Elise and Phyl, your sister Jennifer, your cousins and family

Happy 14th Birthday
Melanie C. Littlecalf
I'm so proud of you, your growing up so fast.
God bless you.
I love and miss you.
Love, dad





January

OFFICE HOURS: M-F 8am – 5pm
STORE HOURS: M-F 9am– 3:30pm
CERTIFICATION HOURS: M-F 9am-3pm

Toll Free: 1-888-747-9520
Fax: 405-422-8261
Director: Troy Littleraven

2013
C-A FOOD DISTRIBUTION

Open during lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY NEW YEAR		1 CLOSED	2	3	4	5
6	7	8 CLINTON #1	9 SEILING TG	10 HAMMON TG	11	12
13	14	15 CLINTON #2	16	17 ELK CITY TG	18	19
20	21 CLOSED MARTIN LUTHER KING DAY	22	23	24	25	26
27	28	29 LAST DAY TO PICK UP FOR: JANUARY	30 CLOSED FOR INVENTORY	31 CLOSED FOR INVENTORY	USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER	

Our heartfelt Thank you to some very special young people goes to Carrie Whitlow and her staff at the R.E.Sp.E.C.T. Program.

Your Christmas party for the elders was just wonderful, the dinner was delicious and the entertainment was superb. Everything was well planned and orderly. You and your staff are very respectful and courtesy to the elders.

A special thank you toe Reggie Island for taking time to help us out in our crisis. To you and your staff again we say Thank you very much.

From Elizabeth and Dean Morlan, Judy Willis, and Charlotte Rooks.

Petition to Free Leonard Peltier

I have started a petition on Change.org asking President Obama to free Leonard Peltier. For that petition to stand a chance it will take 100,000 - 200,000 signatures. Please log onto the link below and sign to free Leonard Peltier.

http://www.change.org/petitions/president-barack-obama-free-leonard-peltier-4.

Thank you.
Sylvia De Rooy

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Obituaries

Mary Lou Bringinggood Boynton King
March 12, 1934 - Dec. 17, 2012

A visitation was held for Mary Lou Bringinggood Boynton King on Friday, Dec. 21, 2012 at the Huber Benson Funeral Home in El Reno, Okla.

Funeral Services were held Dec. 22, 2012 at Huber Benson Funeral Home followed by an Interment at Concho Cemetery.

Timothy Gordon Nibs Sr.
May 22, 1936 - Dec. 10, 2012

Wake services were held for Timothy Gordon Nibs Sr. on Friday, Dec. 14, 2012 at the Memorial Park Funeral Home Chapel in Edmond, Okla.

Funeral Services were held Dec. 15, 2012 at the Memorial Park Funeral Home Chapel followed by an Entombment at the Memorial Park Cemetery Mausoleum.

Bruce Wayne Spottedcorw
Jan. 16, 1961 - Dec. 9, 2012

A Memorial services was held for Bruce Wayne Spottedcrow on Wednesday, Dec. 12, 2012 at the Samaritan Funeral Chapel in Phoenix, Ariz.

Arrangements were made by Samaritan Funeral Home.

Tracy Marie Berryhill
Feb. 18, 1986 - Dec. 21, 2012

Funeral services were held for Tracy Marie Berryhill on Saturday, Dec. 29, 2012 at the Huber Benon Funeral Home in El Reno, Okla., followed by an Interment at Concho Cemetery.

JOBS find your Career

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: whaag @c-a-tribes.org.

Recruitment Administrator
Closing Date: Until filled

Qualifications:

High school diploma or GED certification required. Four years of general clerical and/or administrative experience. Two years of supervisory experience. Able to type a minimum of 40 words per minute with 80 percent accuracy. Completion of employee background investigating and adjudication training. Must successfully pass background investigation. College degree preferred. Valid Oklahoma state driver's license required. Ability to attend in and out of state training. Good disposition, professionalism and confidentiality a must. Cheyenne and Arapaho preference.

SALARY: Negotiable

Substitute Teacher Aides-Head Start
Concho, Clinton, Canton
Closing Date:Continuous

Qualifications:

High school diploma or G.E.D. certification and minimum of one year experience working in an early childhood education classroom; or an equivalent combination of training and experience with willingness to obtain additional training and/or obtain additional training/or CDA or state certificate as requested. Ability to work effectively with low-income and special needs children. Ability to function effectively in cross-cultural situations. Ability to use positive approach in directing and redirecting child behavior, and work cooperatively as a member of a team. Current Childhood Emergency/CPA or First Aide/CPR certification or the ability to obtain one and CDL.Obtain and hold current food handler's card or the ability to obtain one. Maintain compliance with Criminal History Registry and agrees to random drug testing. Must complete supplemental application. Must complete OKDHS Criminal Review Application. Must pass background Investigation.

SALARY: Negotiable

HAPPY NEW YEAR

Teachers-Head Start
Canton, Concho, Clinton
Closing Date:Continuous

Qualifications:

CDA, AA, BA Degree in Early Childhood education and a minimum of two years experience working in an early childhood education classroom or an equivalent combination of training and experience. Early childhood education formal training and able to receive a CDA or an AA degree within 180 days of employment. Must pass drug and alcohol test. Must complete supplemental application. Must complete OKDHS Criminal Review Application. Must pass background investigation.

SALARY: Negotiable

Admin. Assistant
District C-3, Concho
Closing Date: Jan. 7, 2013

Qualifications:

High school diploma or GED certification required. Two years of secretarial experience that includes demonstrated computer skills and knowledge or other related job experiences. Possess valid Oklahoma driver's license. Willing to work weekends and holidays as needed. Must pass pre-hire drug screen.

SALARY: Negotiable

Content Producer/Writer
Videographer/Reporter
Closing Date: Until Filled

Qualifications:

High school diploma or GED certification required. Minimum three years experience writing, producing and shooting news stories.Valid Oklahoma driver's license. Willingness to travel and work nights and weekends, if necessary. A great attitude and good work ethics a must. Tribal preference.

SALARY: Negotiable

Videographer/Editor
CATV
Closing Date: Until Filled

Qualifications:

High school diploma or GED certification required. Minimum two years experience shooting and editing. Valid Oklahoma driver's license required. Willingness to travel and work nights and weekends. Tribal preference.

SALARY: Negotiable

Dietitian - RD/LD
Wellness Center, Concho
Closing Date: Until Filled

Qualifications:

Bachelor's degree in nutrition from an accredited institution preferred. One to two years experience in diabetes education preferred. Must possess current registration through the Commission of Dietetic Registration and current licensure through the Oklahoma State Board of Medical Licensure and Supervision. Ability to work independently and ability to be reliable. Must possess a valid Oklahoma driver's license and meet requirements for the use of a GSA vehicle. Familiar with Cheyenne and Arapaho tribal culture. Must submit writing sample if successfully selected for an interview. Cheyenne and Arapaho tribal preference. Must be able to work flexible hours including but not limited to evenings and weekends. Must pass OSBI background check.

SALARY: Negotiable

Teacher-Child Care
Concho Child Develop.
Closing Date: Continous

Qualifications:

Teachers hired after July 1, 1995 are required to be at least 18 years of age, have a high school diploma or G.E.D. certification or have completed the tenth grade and be in the process of obtaining a GED for a period not to exceed 12 months. Must sign employee contract stating employee will attain CDA or Mastery Certification to maintain employment. Must have a valid Oklahoma driver's license. Must pass a physical exam and be able to lift 50lbs. Must be physically fit to work daily with children. Must demonstrate basic knowledge of early childhood development. Must attend staff meetings as well as parent meetings when required. Must submit monthly reports. Must attend workshops and have adequate transportation. Must have skills to relate to the community in general. Must pass a criminal background check. Must pass mandatory drug and alcohol test. Willing to work flexible work schedule. Cheyenne and Arapaho preference.

SALARY: Negotiable

Invitation to all Cheyenne and Arapaho Tribal Students

A Workshop will be held from 10 a.m. – 4 p.m., Friday and Saturday, Jan. 11-12, 2013 at Southwestern Oklahoma State University in Weatherford, Okla., Science Building, Room 108

The purpose of this workshop is to assist students in applying for scholarships/grants and to assist high school students with college preparation. Assistance will be provided with the following:

-filling out college admission applications and C&A Higher Ed application

-applying for FAFSA (Free Application for Federal Student Aid – includes PELL and OTAG)

-Grants and Scholarship search

-writing personal letters and essays necessary for scholarship applications and/or admission to college or university

-we will provide students with a Letter of Recommendation

-a personal binder will be given to each student to keep their documents

-a calendar will be provided with application/grants deadlines listed

We want to assist you with submitting application and documents for scholarship or grants, so you can further your education. Please attend our workshop both days or at least one day. We will provide counseling and advisement. A working noon meal will be served both days.

BIA-Higher Education scholarship applications will be available. Other applications may be available. If there is a certain application you would like to have, please contact us so we can download the application and have it at the workshop.

For more information contact Wanda Whiteman, wwhiteman@c-a-tribes.org or Carrie Orange, carrie.orange@gmail.com.

C. YENNE & ARAPAHO TRIBES
OF OKLAHOMA
FILED DEC 19 2012
IN THE TRIAL COURT

IN THE TRIAL COURT
CHEYENNE AND ARAPAHO TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022

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In The Matter Of Guardianship Of;)
)
H.G. III DOB: 6/20/) Case No: CIV-2012-0108
L.G. DOB: 12/24/)
)

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: MACY LIMPY
HARRY GARCIA JR.

You are hereby notified that FRANCES GARCIA has filed in this Court a Petition For Appointment Of Custody of the child, H.G. III AND L.G., minor children, and that on 3RD day of October, 2012 the petitioner, FRANCES GARCIA has filed a Petition for Custody, and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the **13th** day of **FEBRUARY** 20**13** at **10:00 A.M.**, at which time you may appear and show cause, if any you have, why said Permanent Custody should not be granted.

Dated this 19th day of DECEMBER, 2012.

Fran Wilson, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

Petitioner:
Frances Garcia
2510 Santa Fe #32
Woodward, OK 73801

PUBLIC NOTICE

IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER
Monitoring Requirements Not Met for Cheyenne-Arapaho (Concho) PWS

Our water system violated a drinking water standard over the past year. Even though this was not an emergency, as our customers, you have a right to know what happened and what we did to correct the situation.

We are required to monitor your drinking water for specific contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. During **SEP2012** *we* ***did not properly monitor*** *for bacteriological contaminants and chlorine residual. Therefore, we cannot be sure of the quality of our drinking water during that time.*

What should I do?

There is nothing you need to do at this time.

The table below lists the contaminant we did not properly test for during the last year, how often we are supposed to sample for this contaminant and how many samples we are supposed to take, how many samples we took, when samples should have been taken, and the date on which follow-up samples were or will be taken.

Contaminant	Required sampling frequency	Number of Samples taken	When all samples should have been taken	When samples were or will be taken
Bacteriological	MN	0	SEP2012	Oct 25, 2012

What happened? What is being done? (Describe corrective action.)
No bacteriological samples were taken during the month of September. To correct this oversight, samples were taken in October and were immediately sent to DEQ for analysis. The samples showed we are meeting drinking water standards.

For more information, please contact Melvin Romannose, Community Development at 405-262-0345.

Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools, and businesses.) You can do this by posting this notice in a public place or distributing copies by hand or mail.

This notice is being sent to you by Cheyenne-Arapaho (Concho) public water supply, PWSID#: OK 2000905.

Date distributed Nov 20, 2012

Signed

Places to find the *Cheyenne and Arapaho Tribal Tribune* in Oklahoma

Oklahoma City Locations
Native American Jewelry
Sams Best Buy
Deans Pawn Shop
Indian Art of Oklahoma
4716 N. MacArthur
Oklahoma City Indian Clinic

El Reno Locations
Serapios
El Charro
China King
BIA Office
ER Indian Clinic
Fast Break
Vickies Store
Nicks Barber Shop
Mini Max
Beachlers

Concho Locations
Tribal Complex and Education Building
Smoke Shop
Lucky Star

Weatherford
SWOSU Tribal College

Clinton locations
C-A Clinton Headstart
C-A Nutrition Center
Hospital
C-A Lucky Star Casino
C-AHousing Department
C-A Smoke Shop
George Hawkins Treatment Center
C-A Housing Authority

Gracemont
Gracemont Store

Anadarko locations
Anadarko Indian Clinic
Riverside Indian School
Williams Grocery Store
Step-n-Fetch Store

Geary Locations
Geary Store
Geary Nursing Home

Watonga locations
Cherokee Trading Post
Watonga Indian Clinic
C-A Food Distributioin
C-A Lucky Star Casino
Hutches/Conoco Store

Blanchard locations
Spencers Grocery
Gators Store

Canton Locations
Canton Lucky Star
Canton Headstart
Variety Store

R.E.Sp.E.C.T. Program
Elders Day Out
Dec. 12, 2012

CHEYENNE and ARAPHO TRIBES
Employee Committee
CHRISTMAS PARTY
DEC. 18, 2012

SPORTS SPOTLIGHT

The Charley Brothers

Photo by Rebecka Lyman

Kendall Charley, 17, student and athlete for Putnam North City High School runs for the cross-country and track team.

How did you get started?

What got me seriously started running was the Cheyenne and Arapaho R.E.Sp.E.C.T. Program Running Club. Carrie Whitlow ran it and it was so fun to do. I was in ninth grade when I ran my first 5k run at the Andy Payne Memorial race, it was real fun too. I am now captain and run on the Cross Country varsity boys' team, my best time was 18:37 and my average is 19:15. I also run on the track team, I usually run the 800, 2 mile.

What are your long-term and short-term goals?

Well long-term I am studying for my SAT testing. I am a bit nervous about taking it, but I am not going to stress myself about it. I also look ahead into my track season and I run and ride my bike to keep myself in shape. Short term, I have term papers coming up before we go on break, so I have to do a lot of research and writing to get my papers turned in on time to my teachers. School is a bunch of work, I try to carry a 3.0 grade point average, I really like going to this school, and I have moved around a lot and went to different schools.

How do you set your goals?

They come to me and I recognize them as obstacles and I just do it.

Where do you get your inspiration?

My brothers motivate me, they are very active and I like playing with them after school, we always go outside. We have a fire lane lot behind our apartment and we go back there and play baseball. It stinks because they cut down our third base; they said there were too many trees. So our third base is a stump now. I also go on runs, I like to run because I get to go places, I like to bike as well, I could be riding my bike, but my tire is flat. I want to do the triathlon one day.

What other type of activities are you involved with?

I am involved at the El Reno United Methodist Church; pastor last week asked me if I wanted to help during services.

Who is the one person you look up to?

I admire my grandmother, she has battled cancer and she is a real strong woman. I look up to my brothers even though they are younger than I am, because they do better in school than I do ... they set examples for me.

What would be your ultimate achievement in track?

I would like to go to State and win.

What is your biggest challenge and what do you do to overcome the challenge?

Managing my cross-country team, I have to keep a good attitude and a good work ethic. A leader is only as good as his followers.

Photo by Rosemary Stephens

Danny Charley, 16-year-old sophomore, attends Kingston High School in Kingston, Okla. Danny plays football, linebacker and runningback, and plays second base and shortstop in baseball.

What got you started in sports?

I heard about my great-grandpa, John Levi who was really good at every sport he ever played. I have seen his record books and he played at Haskell with his brother, George Levi, but I never got to see him play and I wanted to follow in his footsteps.

What one or two things do you currently do that are keys to your success?

My weightlifting workouts and running every day.

What is your ultimate achievement?

To go pro in either football or baseball.

How do you set your goals and what do you do to reach those goals?

I see something, I look at it and I go after it. Like in sports I set a record for myself and then I set out to beat my own record, to be better.

What is your biggest challenge?

When my grades start getting down I put more effort towards my grades. I study harder and I concentrate more on my academics.

What are one or two characteristics you possess that differentiates you from your teammates?

The first thing that comes to my mind is that I am Native American.

What is the best advice you have ever been given?

To just keep on going forward no matter what ... my mom and my grandma support me in all I do and they always say just keep pressing forward.

Do you have a motto you live by?

This guy/team can't beat me.

Where do you draw your inspiration?

Sports ... individual players that have overcome all the odds and made it.

Who is the one person you look up to?

My grandpa, Jerry Levi, he's played a bunch of sports and served in the military.

What is your most memorable moment in your sports activities thus far?

Is when I was at 92 tackles last year and this year I was reaching for a 100 tackles and the last game I had 12 tackles so I ended up breaking my record with a total of 104 tackles.

What is one thing no one else knows about you?

I am much lazier than I show. I really am, but I make myself strive and do what's in front of me to do anyway.

If you could change one thing in the world, what would it be and why?

I would make everyone just get along, no violence and no hatred, just everyone get a long, live and let live.

Who is your favorite athlete and who is your favorite sports team?

Sam Bradford is my favorite athlete and my favorite football team is OU Sooners. My favorite basketball team is the Thunder.

What are your plans upon graduation from high school?

I plan on going to college at OU, if I get the opportunity I would like to play football there.

WE'VE GOT YOUR GAME!
Fall in Luv again.
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